

## Sacrament of Reconciliation

1. In the name of the Father and of the Son and of the Holy Spirit.
2. Bless me Father, for I have sinned. This is my First Confession and these are my sins (tell Fr. Peter your sins).
3. Fr. Peter will give you some spiritual advice and will give you a penance.
4. Say the Act of Contrition.
5. Fr. Peter will say the Prayer of Absolution.
6. Go to the kneeler - kneel on the kneeler and say your penance.

