

Sunday, January 22, 2023
Third Sunday in Ordinary Time

Prayer for the Morning

God is merciful to the repentant. Let us praise him!

Glory to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now, and will be for ever. Amen. Alleluia!

Hymn

Meter: CM

All hail, thou Sun of righteousness,
Upon our night aris'n!
May sin no more our souls oppress,
And bind in darksome pris'n.
Let those that lie in slumber fast,
Because the darkness reigns,
The light behold, and straightway cast
Aside their gloomy chains;
And greet the light that makes them free,
The bounding joy it brings;
And share the calm felicity,
That looks to heav'n and sings.
O Jesus Christ, our hearts aglow,
Thy blessed advent hail;
On us thy healing virtue show,
And o'er our ills prevail.
And let us walk as those whose eyes
Have seen the light of heav'n,
Till light shall in our souls arise,
Whence night and gloom are driv'n.

Psalm

57:2-6

You have mercy on all, because you can do all things;/ and you overlook the sins of men that they may repent. (Wis 11:23)

Jesus began his public ministry by taking up the cry of repentance from John the Baptist. Repentance, turning away from sin, is the first step in the spiritual life. By turning away from sin we turn toward God. Let us always gaze on the beauty of God and turn our backs to the ugliness of sin.

Have mercy on me, God, have mercy
for in you my soul has taken refuge.
In the shadow of your wings I take refuge
till the storms of destruction pass by.
I call to God the Most High,

to God who has always been my help.
May he send from heaven and save me
and shame those who assail me.
May God send his truth and his love.
My soul lies down among lions,
who would devour the sons of men.
Their teeth are spears and arrows,
their tongue a sharpened sword.
O God, arise above the heavens;
may your glory shine on earth!

Glory to the Father...

Word of God

Matthew 3:1-3

John the Baptist appeared, preaching in the desert of Judea [and] saying, "Repent, for the kingdom of heaven is at hand!" It was of him that the prophet Isaiah had spoken when he said:/ "A voice of one crying out in the desert,/ 'Prepare the way of the Lord,/ make straight his paths.'" Those whom I love, I reprove and chastise.

Be earnest, therefore, and repent. (Rv 3:19)

Canticle of Zechariah

Turn to me and be safe,/ all you ends of the earth,/ for I am God; there is no other! (Is 45:22)

Blessed be the Lord, the God of Israel; he has come to his people and set them free. He has raised up for us a mighty savior, born of the house of his servant David.

Through his holy prophets he promised of old that he would save us from our enemies, from the hands of all who hate us. He promised to show mercy to our fathers and to remember his holy covenant.

This was the oath he swore to our father Abraham: to set us free from the hands of our enemies, free to worship him without fear, holy and righteous in his sight all the days of our life. You, my child, shall be called the prophet of the Most High; for you will go before the Lord to prepare his way, to give his people knowledge of salvation by the forgiveness of their sins. In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father...

