

Sunday, March 5, 2023
Second Sunday in Lent

Prayer for the Morning

Let us seek in faith the glory of the risen Christ.

Glory to the Father...Amen. Alleluia!

Hymn

Meter: LM

That splendor of celestial state—
For which the Church so deeply pines—
Today Christ shows on Tabor's mount
As brighter than the sun he shines.
With Peter, John, and James to hear,
Christ spoke of his Deliverance
To Moses and Elijah there,
In gracious word and utterance.
All kneeling there they saw the Three
As Law and Prophecy and Grace;
And from the cloud the Father's voice:
"My Son, my Chosen, give him place."
In heav'nly glory on this day,
With light and beauty does Christ show
What lies in store for all the souls
Who love and serve him here below.

Psalm

104:1-2a, 31-35

He will change our lowly body to conform with his glorified body by the power that enables him also to bring all things into subjection to himself. (Phil 3:21)

Lent is a time of transformation. As we gaze in the dark faith of prayer upon the glory of God revealed in Jesus Christ, we are transformed into his likeness. May our every action be done in imitation of him.

Bless the Lord, my soul!
Lord God, how great you are,
clothed in majesty and glory,
wrapped in light as in a robe!
May the glory of the Lord last for ever!
May the Lord rejoice in his works!
He looks on the earth and it trembles;
the mountains send forth smoke at his touch.
I will sing to the Lord all my life,
make music to my God while I live.
May my thoughts be pleasing to him.
I find my joy in the Lord.
Let sinners vanish from the earth
and the wicked exist no more.
Bless the Lord, my soul. Glory to the Father...

Word of God

Exodus 24:16-18; 34:29

The glory of the Lord settled upon Mount Sinai. The cloud covered it for six days, and on the seventh day he called to Moses from the midst of the cloud. To the Israelites the glory of the Lord was seen as a consuming fire on the mountaintop. But Moses passed into the midst of the cloud as he went up on the mountain; and there he stayed for forty days and forty nights. As Moses came down from Mount Sinai with the two tablets of the commandments in his hands, he did not know that the skin of his face had become radiant while he conversed with the Lord.

Jesus was transfigured before them; his face shone like the sun and his clothes became white as light. (cf. Mt 17:2)

Canticle of Zechariah

We shall be like him, for we shall see him as he is.
(1 Jn 3:2)

Blessed be the Lord, the God of Israel; he has come to his people and set them free. He has raised up for us a mighty savior, born of the house of his servant David.

Through his holy prophets he promised of old that he would save us from our enemies, from the hands of all who hate us. He promised to show mercy to our fathers and to remember his holy covenant.

This was the oath he swore to our father Abraham: to set us free from the hands of our enemies, free to worship him without fear, holy and righteous in his sight all the days of our life. You, my child, shall be called the prophet of the Most High; for you will go before the Lord to prepare his way, to give his people knowledge of salvation by the forgiveness of their sins. In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father...

Intercessions

To the transfigured Lord, we pray:

R/Lord, renew us in your image.

Transform us by our Lenten observance, – that we may become visible signs of your kingdom. **R/**

Deepen us in prayer by our Lenten observance, – that we may dwell with you in faith and love. **R/**

Strengthen us in charity by our Lenten observance, – that we may burn with your love before all the world. **R/**

Personal intentions

Our Father....

O God, whom no eye has ever seen, you have revealed your glory in the transfigured face of your Son. Through his voice, you have spoken your word to us. Give us ears to hear, that we may follow his footsteps through -suffering and death to the glory foreshadowed on Mount Tabor, for he is your beloved Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

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Reading 1

Genesis 12:1-4a

The Lord said to Abram, 'Leave your country, your family and your father's house, for the land I will show you. I will make you a great nation; I will bless you and make your name so famous that it will be used as a blessing. 'I will bless those who bless you: I will curse those who slight you. All the tribes of the earth shall bless themselves by you.' So Abram went as the Lord told him.

Reading 2

2 Timothy 1:8b-10

With me, bear the hardships for the sake of the Good News, relying on the power of God who has saved us and called us to be holy – not because of anything we ourselves have done but for his own purpose and by his own grace. This grace had already been granted to us, in Christ Jesus, before the beginning of time, but it has only been revealed by the Appearing of our saviour Christ Jesus. He abolished death, and he has proclaimed life and immortality through the Good News.

Gospel

Matthew 17:1-9

Jesus took with him Peter and James and his brother John and led them up a high mountain where they could be alone. There in their presence he was transfigured: his face shone like the sun and his clothes became as white as the light. Suddenly Moses and Elijah appeared to them; they were talking with him. Then Peter spoke to Jesus. 'Lord,' he said 'it is wonderful for us to be here; if you wish, I will make three tents here, one for you, one for Moses and one for Elijah.' He was still speaking when suddenly a bright cloud covered them with shadow, and from the cloud there came a voice which said, 'This is my Son, the Beloved; he enjoys my favour. Listen to him.' When they heard this the disciples fell on their faces overcome with fear. But Jesus came up and touched them. 'Stand up,' he said 'do not be afraid.' And when they raised their eyes they saw no one but only Jesus.

As they came down from the mountain Jesus gave them this order, 'Tell no one about the vision until the Son of Man has risen from the dead.'

Men of St. Joseph Prayer

St. Joseph, help me to be like you. Help me to be obedient to the teachings of the Church and faithful to God's commands. Help me to patiently endure my cross each day. Let me be a model of holiness and a pillar of virtue. I solemnly promise to embrace God's will and I accept the challenge to work tirelessly for my family's salvation. Be my guide and companion on this journey. St. Joseph, terror of demons, pray for us!

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